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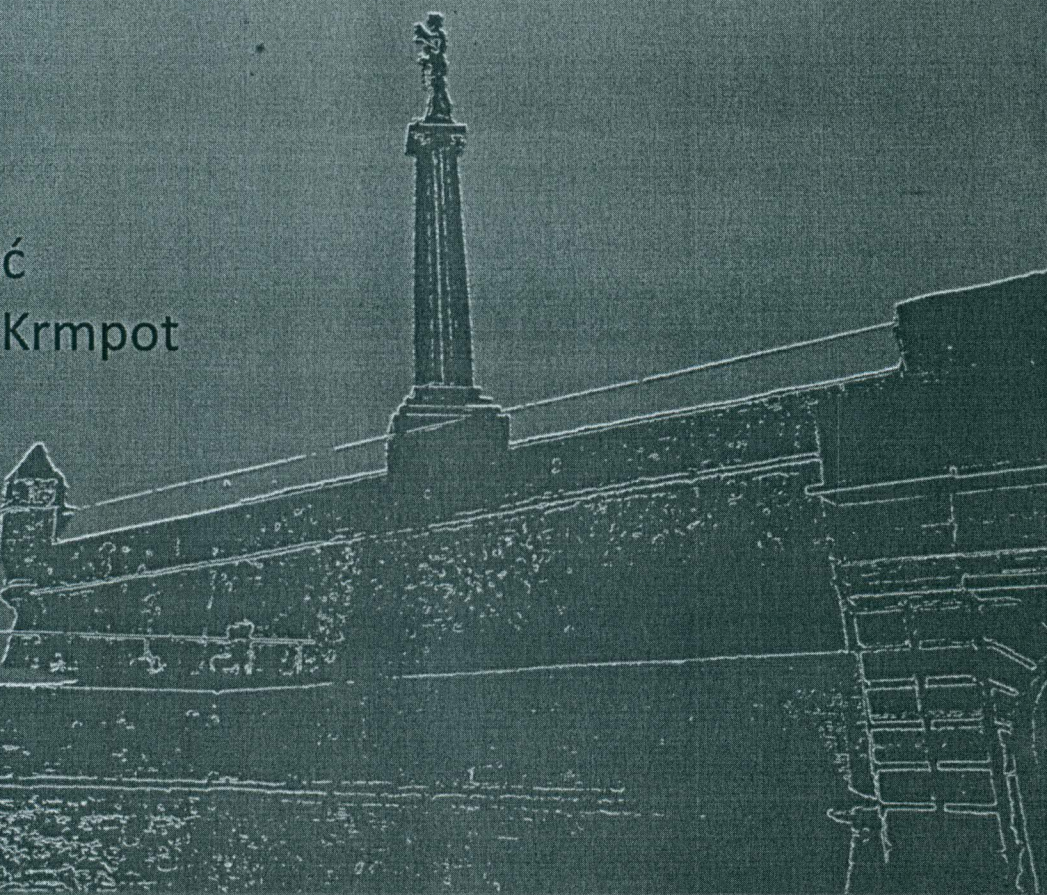
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The effect of short-term fish oil supplementation on Alzheimer disease-like pathology in 5xFAD mouse model

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Alzheimer's disease (AD) is a neurodegenerative disease characterized by progressive memory loss and dementia. Pathologically, the disease is recognized by the presence of senile plaques (deposition of beta amyloid (A β) peptides), neurofibrillary tangles, and neuronal loss. Clustering of microglial cells at sites of A β deposition in the brain is also an important pathological feature of AD. At present, there is no effective treatment for AD.

To investigate the influence of fish oil (FO) supplementation, like potential treatment, we used transgenic 5xFAD mice which rapidly recapitulate major hallmarks of AD amyloid pathology. Three-month old female 5xFAD mice received FO (100 μ l/animal/day) via oral gavage during 3 weeks period. Histological analysis was used to detect changes in pathological features of AD in parietal cortex in 5xFAD mice. ThioflavinS and AmiloGlo were used to visualize plaques, soluble A β peptide was detected by A β 42 antibody, SMI31 antibody was used for neuritic dystrophy and Iba-1 antibody for microglial cells. Immunostaining was observed by confocal microscopy. Quantification was done by Image J program.

We showed that short-term FO supplementation is capable of inducing significant decreased number of plaques, total A β levels, and preventing the emergence of neuritic dystrophy in parietal cortex of 5xFAD mice. Also, FO supplementation led to increase in overall microglial number, and enhanced clustering of microglial cells around amyloid plaques. We confirmed and extended previous findings suggesting that FO has a typical pleiotropic effect and we believe that FO in combination with others drugs could be good approach for long-term treatment in AD suppression.

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